

Monkton Central School

February 12, 2010 - Newsletter #20

www.mcsvt.org

Calendar

February 22-26 Winter Recess
March 11 PTO Meeting, 8:15 a.m.

Principal's News

As some of you may know, my tenure at MCS is drawing to an end. Due to terms established by the Vermont Retirement Board, I am only permitted to work until March 10. Superintendent Howard is working diligently to identify a new interim principal and hopes to have that position filled prior to my departure. Simultaneously, the board has begun a full search to identify and hire a permanent replacement. While I will be discussing these transitions again in future newsletters, I wanted to let you know what a pleasure and honor it has been to be a part of the MCS community.

I want to congratulate Judy Taylor, Audri Miller, and Jan Davis as they recently announced their retirement. After many years of dedicated service, each has decided that the time is right to explore other experiences and opportunities. While I have only known these fine teachers since October, I have come to understand their dedication and commitment to the children they teach. Best of luck with your future endeavors.

As you know, March will soon be here and the registered voters of Monkton will have an opportunity to vote on a number of important ballot items including the school budget. This year the board and administration worked hard to craft a budget that would both meet the needs of Monkton's children and do so in a manner respectful of these difficult economic times. If you are interested in knowing more about the budget prior to voting, there will be an informational meeting Monday, March 1, beginning at 7:00 p.m. in the school gym. We hope to see you there.

Richard Schattman, Principal

Bolton Valley After School Program

We return to Bolton Valley tonight for our last visit in February. Remaining dates for session 2 are March 5, 12, & 19 (3/26 is a make-up date, if necessary). As a reminder, lessons begin promptly at 4:30 PM (first timers) and 5:30 PM (experienced skiers & riders). Please contact us if you have any questions.

Thanks, Bill Joos (453-6060) and Bob Wahl (989-0273)

Are You Ready for the Great Backyard Bird Count?

The Great Backyard Bird Count is almost here! It **starts this Friday, February 12**, and continues through Monday, February 15. It's easy and fun to participate. Just watch birds for at least 15 minutes at any location on one or more days of the count and report the highest number of each species you see together at one time. For more information and birding tips be sure to visit the [GBBC website http://www.birdsource.org/gbbc/](http://www.birdsource.org/gbbc/), and check out this year's great drawing [prizes for GBBC participants](#). The Great backyard Bird Count is a joint project of the Cornell Lab of Ornithology and the National Audubon Association.

Kristin Blanchette , 453-7087

Baseball Clinic

There will be a baseball clinic in the school gym during the month of March as follows: Tuesdays (March 2, 9, 16, 23, and 30) from 5:30 – 7:00 for Kindergarten thru grade 3 and Fridays (March 12, 19, and 26) from 5:30 – 7:00 for grades 4-6. For more information contact Rob Mullin, 425-3768.

Congratulations!!

Congratulations to Sophie Brown and Katherine Moody, winners of the School Breakfast Student Creativity Contest. On February 11 they were among students from schools in Vermont who went to Montpelier and served school breakfast to Legislators. Their winning entries follow:

Anne and Debbie

The Power of School Breakfast

by Katherine Moody

Grab some toast, pancakes with syrup,
or an English muffin.

Enjoy it at home or gobble it down on your run to school
while your huffin' and puffin'

No time for breakfast at home?
Check out the menu at school!

Bananas, bagel, cereal with milk
will give you your morning fuel.

What is the most important meal that will power you
through your day?

A delicious and nutritious breakfast that will send you on
your way!

Breakfast

written by Sophie Brown

Cereal, eggs, pancakes and toast,
Which one of these do I like the most?
Waffles, buns and fruits, oh my!
So much to choose from, don't be shy!

You wake up in the morning, early in the day.
Go grab your breakfast and be on your way!
This is how easy breakfast can be,
it's not that bad, don't you see?

Or, go into the kitchen and start cooking a meal.
You can make it big, and full you'll feel!
It will wake you up and start your day,
It's the healthiest meal of them all they say!

With breakfast in your belly, you'll feel strong.
It will keep your brain active all day long!
Win a game, read a book and pass a test,
With breakfast in your stomach, you'll be better than the rest!

Breakfast is good, breakfast is nutritious!
Whatever it might be, it will be delicious!
So I ask...cereal, eggs, pancakes and toast.
Which one of these do I like the most?

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15 - toast, cereal, fruit, milk	16 - scrambled eggs, toast, fruit, milk	17 - toast, cereal, fruit, milk	18 - toast, cereal, fruit, milk	19 - double cinnamon toast, hard boiled egg, fruit, milk
March 1 - toast, cereal, fruit, milk	2 - double cinnamon toast, yogurt, fruit, milk	3 - toast, cereal, fruit, milk	4 - toast, cereal, fruit, milk	5 - bagel with topping, hard boiled egg, fruit, milk
8 - toast, cereal, fruit, milk	9 - toast, oatmeal or cold cereal, fruit, milk	10 - toast, cereal, fruit, milk	11 - toast, cereal, fruit, milk	12 - Parent Conference Day

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15 - scrambled eggs, baked ham, fresh vegetable, home made blueberry cobbler, fruit juice, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	16 - English muffin pizza (cheese or pepperoni), fresh vegetable, fresh fruit, mini yogurt bar, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	17 - home made shepard's pie (hamburg, corn, mashed potato), cottage cheese, applesauce cake, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	18 - home made lasagna, garlic bread, fresh vegetable, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	19 - make your own grinder - turkey, ham, or bologna, fresh vegetable, fruit, dessert, milk - deli or peanut butter sandwich (in place of main entrée), salad bar
March 1 - chicken fajita, sour cream, salsa, seasoned rice, fresh vegetable, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	2 - bag lunch - tuna sandwich on wheat, fresh vegetables, cheese sticks, apple, Sun Chips, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	3 - home made cheese pizza, fresh vegetables, fresh fruit, pretzels, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	4 - buttered spaghetti or home made meat sauce, garlic bread, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	5 - Western Day - choice: hamburger or veggie burger, BBQ, cheese, pickles, macaroni salad, cowboy cookies, moo juice, milk - deli or peanut butter sandwich (in place of main entrée), salad bar
8 - grilled cheese sandwich on wheat, fresh vegetable, fresh fruit, pretzels, yogurt, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	9 - your favorite chicken nuggets, seasoned rice, fresh vegetable, fresh fruit, dessert, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	10 - home made sloppy joe on a wheat bun, buttered green beans, fresh fruit, chocolate pudding, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	11 - hot dog on a wheat bun, baked assorted fries, fresh vegetable, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	12 - Parent Conference Day

Did you know we made home made granola for the mini yogurt bar last week?