

Monkton Central School

May 13, 2010 - Newsletter #31

www.mcsvt.org

Calendar

May 14	In-Service, No school for students.
May 27	Walk Around the Pond, 9:30 a.m., (rain date May 28)
May 31	Memorial Day, no school
June 15	Last Day of School, 11:50 student dismissal

Principal's News

Just a reminder there is **no school for students tomorrow**, May 14, teacher in-service day.

We are looking for volunteers to help with Walk Around the Pond on May 27. Please let the front office (453-2314) know if you can help us out with this. Thank you.

VT FEED (Food Education Every Day) will give a one hour presentation about Farm to School on Monday, May 24th from 6:30-7:30 in the Monkton Central School gym. VT FEED works with schools in Vermont to raise awareness about healthy food, the role of Vermont farms and farmers, and good nutrition. VT FEED acts as a catalyst for rebuilding healthy food systems, and to cultivate links between the classrooms, cafeterias, local farms and communities. The presentation will include a hands-on activity, case studies of farm to school programs across the state, and time for questions and discussion. Please see the VT FEED website for more information: www.vtfeed.org

Please join us. This is brought to you by the MCS Hot Lunch Committee & the PTO. Please contact Shawna Sherwin with any questions or to RSVP at 453-3952, 453-7920, or sherwinfamily@gmavt.net. A short discussion will follow regarding the progress of the school garden. A list of volunteers will be compiled as well as a schedule for the summer. Thanks so much and we look forward to seeing you! Shawna Sherwin

Monkton Central School Food Garden

Hey all you gardeners out there: we need your help! I have wanted to start a food garden for years so that our lunch program can profit from the harvest that could come out of our school garden. What better way to have good food than to have our own garden and to purchase other foods (that we do not grow) from local farms?

VOLUNTEERS are what we need!!!! The work would take place starting now and into the fall. If you would be interested in helping with the many different steps that it will take to get this project going, please call me. This could be the start of something great at MCS. Nina Badger, 453-5023

YEARBOOK - If you would like to place an ad in the yearbook, contact me **by May 24**.

Here is what we need: any images, logos, your preference for style, and your message (what you would like it to say). A drawn layout is fine too. Just gather it all together and email it to bdgris@gmavt.net (put YEARBOOK in the subject line please) or send it into the office in an envelope marked PTO-Yearbook. The prices are as follows:

- Business card size ad, approximately 2"x3"--\$20
- Double business card size, approximately 4"x3"--\$35
- Half page, approximately 4"x7"--\$50
- Full page --\$100

If you placed an ad last year and would like the same exact ad placed this year, you will receive a 10% discount. Checks should be made payable to Monkton Central School PTO. Thank you! Dawn Griswold, 453-8488, bdgris@gmavt.net

Last call for candid pictures for the yearbook - any pictures of school activities that occurred in the classroom, on field trips, in the evening, or at special events. If your images are digital, please send them via email in jpeg form to: Rickner@gmavt.net (please put "yearbook" in the subject line of your email), or put them on a disc and put them in the yearbook mailbox in the school office. Photographs can also be put in the mailbox at school.

It is time to order your yearbook. Please return the form below with payment to the school office. Checks should be made payable to Monkton Central School PTO.

Yearbook Order Form

Name _____ Number of yearbooks _____ x \$10 each = _____ (amount enclosed)

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17 - toast, cereal, fruit, milk	18 - double English muffin, cereal, fruit, milk	19 - toast, cereal, fruit, milk	20 - toast, cereal, fruit, milk	21 - double cinnamon toast, hard boiled egg, fruit, milk
24 - toast, cereal, fruit, milk	25 - French toast sticks with syrup, sausage, fruit, milk	26 - toast, cereal, fruit, milk	27 - toast, cereal, fruit, milk	28 - assorted muffins, hard boiled egg, fruit, milk
31 - Memorial Day No School	June 1 - cinnamon toast, cereal, fruit, milk	2 - toast, cereal, fruit, milk	3 - toast, cereal, fruit, milk	4 - double English muffin, hard boiled egg, fruit, milk

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17 - Finger Food Day - tuna or egg sandwich, dolphin crackers, cheese sticks, vegetable sticks, fruit juice bars, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	18 - baked ham, garlic mashed potatoes, buttered corn, bread, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	19 - meatball sub, French fries, fresh vegetables, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	20 - New Item - pork fried rice, egg rolls, stir fried vegetables, fortune cookies, oranges, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	21 - salad and deli meat buffet - ham, turkey, bologna, macaroni salad, broccoli salad, bread and butter, chocolate mousse, fresh fruit, milk
24 - Hodge Podge Day - no choice - fish nuggets/ chicken nuggets/corn dogs, French fries, fries fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	25 - New Item - cheese or vegetable quiche, ham slices, fresh vegetable, fresh fruit, milk- deli or peanut butter sandwich (in place of main entrée), salad bar	26 - pizza rollups (cheese or pepperoni), ranch rice, fresh vegetable, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	27 - Retirement Picnic - PTO sponsored - no charge - hot dog in a bun, chips, vegetables and dip, deviled eggs, watermelon, cheese and crackers, yogurt, cake, cookies, ice cream, milk	28 - pancakes and syrup, sausage, juice, fresh vegetable, milk - deli or peanut butter sandwich (in place of main entrée), salad bar
31 - Memorial Day No School	June 1 - baked whole grain white meat chicken pattie on a bun, French fries, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	2 - roast turkey, stuffing, buttered corn, fresh fruit, cranberry sauce, dessert, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	3 - goulash, garlic bread, fresh vegetables, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	4 - Dress your burger day - pickles, relish; fresh vegetables, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar

This institution is an equal opportunity provider and employer.



SAVE THE DATE - Thursday, May 27 (Rain Date Friday, May 28)

Join us at 1:00 p.m. for a PTO hosted school and community Retirement Celebration! Celebrating the many years of service and wishing a grand retirement for: Rich Jesset, Jan Davis, JudyTaylor, and Audri Miller.

We still need...donations for the Retirement Celebration. We are planning a potluck picnic and are hoping families can choose an item from the list below. Please send in your donation on May 27. Donations may be dropped off between 8:00 a.m. and 9:30 a.m. If you can help, please fill out the slip below and return to the school office. Thank you. Dawn Griswold

Walk Around the Pond Donation Form

I can donate: **Watermelons (total needed 6)** _____
Bags of Ice _____

Boxes of Crackers _____
Bags of Chips (total needed 10) _____
Juice _____
(100% juice- no carbonated drinks)

Name _____