

Monkton Central School

May 21, 2010 - Newsletter #32

www.mcsvt.org

Calendar

May 27 Walk Around the Pond, 9:30 a.m., (rain date May 28)
May 31 Memorial Day, no school
June 15 Last Day of School, 11:50 student dismissal

Principal's News

Dear MCS Community,

This has been a very busy week at school, chock full of 28 chick hatchings, several rounds of standardized tests, 10 seniors returning from Mt. Abe to work and play with our students (they were amazed at how small their old desks and chairs actually are), another round of Four Winds science lessons, a Japanese lunch and a trip to the Echo Museum by Mrs. Miller's class, and a big week in sports!

This week I would like to highlight the wonderful work and play of our After School Program and sports teams.

After School Program

Under the auspices of the Mary Johnson Children Center, **Pauline van Gulden** heads up a vibrant group of 20-30 students after school. Their activities include outdoor play, a healthy snack, homework time, and games. On these beautiful days, they spend most of their time happily playing outside.

Sports News

Many, many kids are enjoying participation in sports these days, and families are coming together to support their young athletes. Let us take the opportunity to recognize and thank all of the coaches who have been contributing their time to supporting the health and education that sports provide.

Lacrosse: Coach **Kevin Grace** and Assistant **Stefan Richter** generate boundless energy, interest, and skill with their lacrosse team. They are currently UNDEFEATED in league play with the Northern Vermont Youth Lacrosse League and have a wide range of goal-scorers on their 4th-6th grade team. When a table full of lacrosse players were asked what they think of lacrosse, they responded as a group: "It's awesome!! Monkton lacrosse rules!" The three female lacrosse players proudly added, "Girls rule at lacrosse!!" after which they held their own as their male teammates attempted to correct them. They have a Lacrosse Jamboree tomorrow, Saturday, May 22, with games at 1:00 and 4:00 in Monkton. C'mon out!

Softball:

Majors – **Martin and Kathleen Clark** head up a 14-girl softball team of 4th-7th graders.

Minors – **Bob Aldrich, Kristen Blanchette and Shane McIntyre** coach a big team of 18 3rd & 4th graders. Both teams of girls are fully enjoying themselves while building their skills toward future softball success. Their message to the rest of the world: "Hustle, teamwork and have fun!!"

Baseball:

Majors – **Mark Barrows, George Bailey, Rob Mullin, and Eric Bessette** work together to coach the boy's major baseball team of 13 4th-7th graders. **Jacob Fay and George Bailey** said of their team, "It's really fun. Sometimes it's frustrating when the other team gets 13 runs in one inning. Last night we tied against Bristol 2. It was fun. Our coaches are great. Thank you."

Minors – **John Kelliher and Jeff Winchester** have a diverse team of 15 1st-4th graders.

Fourth grade player Brice Winchester said of his 1st grade teammates, "Some of them are really good!"

T-ball:

George Parker gets our 28 youngest ball players psyched for their careers in the ball field. Kindergartner George Collette had this to say about the experience: "AWESOME! Sometimes we hit balls, we throw...and batting. And I ran home!" Christofer Wolak confirmed that T-ball is "really fun!"

Kempo: **Darrel Duffy** continues to lead a vibrant and popular Kempo program after school. The students who are involved with Kempo are learning discipline, fitness and focus, and are enjoying themselves at the same time. Christopher Boyer is a 4th-year Kempo student with a green belt. He is proud that Mr. Duffy sometimes asks him to help the younger students, and he is ambitiously working toward his black belt.

Upcoming Events:

Next Monday, the 6th graders will spend the morning shadowing students at Mt. Abe, beginning to learn the ropes of being a student there.

On Thursday the Walk Around the Pond and Retirement Celebration will finally arrive! Food and t-shirts have been ordered, pledges are being collected, and everyone's hoping for great weather. Please help us have a good day by sending your child to school with sunscreen, sneakers, AND SOCKS! Socks help prevent against blisters. More details about these events can be found below.

We hope to see you around the pond and ball fields next week!

Edorah Frazer, Interim Principal

VT FEED (Food Education Every Day) will give a one hour presentation about Farm to School on Monday, May 24, from 6:30-7:30 in the Monkton Central School gym. VT FEED works with schools in Vermont to raise awareness about healthy food, the role of Vermont farms and farmers, and good nutrition. VT FEED acts as a catalyst for rebuilding healthy food systems and to cultivate links between the classrooms, cafeterias, local farms, and communities. The presentation will include a hands-on activity, case studies of farm to school programs across the state, and time for questions and discussion. Please see the VT FEED website for more information: www.vtfeed.org Please contact Shawna Sherwin with any questions or to RSVP, sherwinfamily@gmavt.net or 453-7920. Thanks so much. Shawna Sherwin

Notes from the Nurse:

As it is the sport season and field trips are weekly events, please continue to check your child's hair for lice. Encourage your child to wear a baseball cap under their baseball helmet if helmets are shared. Please check their hair prior to all field trips. No child will be prevented from attending events due to head lice. If you suspect head lice and are unable to perform a hair check, please have your child come to my office and I will check their hair. If you find head lice, please treat with lice shampoo and take the following action over the next several weeks. As we know lice treatments usually kill, but do not remove, nits from the hair. Nits are the lice eggs which are attached to the hair shafts. They are tear shaped, yellowish tan, and are usually near the scalp around the nape of the neck, behind the ears, or on the crown of the head. Natural light makes them easier to find. Your child's head will usually itch. It is essential that nits be removed from the hair nightly for two weeks to reduce the chance of recurrence of lice infestation. Use a fine toothed nit comb, hair clips, and bright light to assist with this process. In 7-10 days following treatment any nits (eggs) left behind can hatch. For this reason it is a good idea to check for lice several times over the next three weeks. After treatment put on clean clothing and launder or clean any bedding and household items that could be infected. Pay special attention to the mattress, couch, carpets, stuffed animals, the car seats and the brushes and combs. Your prompt action at home, together with the efforts at school, can help prevent further recurrences of this pest. Hilary Mack RN

YEARBOOK - If you would like to place an ad in the yearbook, contact me by May 24.

Here is what we need: any images, logos, your preference for style, and your message (what you would like it to say). A drawn layout is fine too. Just gather it all together and email it to bdgris@gmavt.net (put YEARBOOK in the subject line please) or send it into the office in an envelope marked PTO-Yearbook. The prices are as follows:

Business card size ad, approximately 2"x3"--\$20

Double business card size, approximately 4"x3"--\$35

Half page, approximately 4"x7"--\$50

Full page --\$100

If you placed an ad last year and would like the same exact ad placed this year, you will receive a 10% discount. Checks should be made payable to Monkton Central School PTO. Thank you! Dawn Griswold, 453-8488, bdgris@gmavt.net

Last call for candid pictures for the yearbook - any pictures of school activities that occurred in the classroom, on field trips, in the evening, or at special events. If your images are digital, please send them via email in jpeg form to: Rickner@gmavt.net (please put "yearbook" in the subject line of your email), or put them on a disc and put them in the yearbook mailbox in the school office. Photographs can also be put in the mailbox at school.

YEARBOOK

It is time to order your yearbook. Please return the form below with payment to the school office. Checks should be made payable to Monkton Central School PTO.

Yearbook Order Form

Name _____ Number of yearbooks _____ x \$10 each = _____ (amount enclosed)

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
24 - toast, cereal, fruit, milk	25 - French toast sticks with syrup, sausage, fruit, milk	26 - toast, cereal, fruit, milk	27 - toast, cereal, fruit, milk	28 - assorted muffins, hard boiled egg, fruit, milk
31 - Memorial Day No School	June 1 - cinnamon toast, cereal, fruit, milk	2 - toast, cereal, fruit, milk	3 - toast, cereal, fruit, milk	4 - double English muffin, hard boiled egg, fruit, milk
7 - toast, cereal, fruit, milk	8 - double cinnamon toast, cereal, fruit, milk	9 - toast, cereal, fruit, milk	10 - toast, cereal, fruit, milk	11 - hodge podge breakfast, assorted breads, fruit, milk

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
24 - Hodge Podge Day - no choice - fish nuggets/ chicken nuggets/corn dogs, French fries, fries fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	25 - New Item - cheese or vegetable quiche, ham slices, fresh vegetable, fresh fruit, milk- deli or peanut butter sandwich (in place of main entrée), salad bar	26 - pizza rollups (cheese or pepperoni), ranch rice, fresh vegetable, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	27 - Retirement Picnic - PTO sponsored - no charge - hot dog in a bun, chips, vegetables and dip, deviled eggs, watermelon, cheese and crackers, yogurt, cake, cookies, ice cream, milk	28 - pancakes and syrup, sausage, juice, fresh vegetable, milk - deli or peanut butter sandwich (in place of main entrée), salad bar
31 - Memorial Day No School	June 1 - baked whole grain white meat chicken pattie on a bun, French fries, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	2 - roast turkey, stuffing, buttered corn, fresh fruit, cranberry sauce, dessert, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	3 - goulash, garlic bread, fresh vegetables, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	4 - Dress your burger day - pickles, relish; fresh vegetables, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar
7 - buttered rotini, baked ham, fresh vegetable, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	8 - soft taco, seasoned rice, fresh vegetable, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	9 - breakfast buffet: pancakes, French toast sticks, eggs, sausage, ham, cinnamon bread, fresh assorted fruit, fresh vegetable, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	10 - buttered spaghetti or meat sauce, garlic bread, fresh vegetable, fresh fruit, milk - deli or peanut butter sandwich (in place of main entrée), salad bar	11 - pig in a blanket, fresh vegetable, fresh fruit, pretzels, milk - deli or peanut butter sandwich (in place of main entrée), salad bar

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We still need...donations for the Retirement Celebration. We are planning a potluck picnic and are hoping families can choose an item from the list below. Please send in your donation on May 27. Donations may be dropped off between 8:00 a.m. and 9:30 a.m. If you can help, please fill out the slip below and return to the school office. Thank you. Dawn Griswold

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Walk Around the Pond Donation Form

I can donate: **Watermelons (total needed 6)** _____

_____ **Bags of Ice** _____

Boxes of Crackers

Bags of Chips (total needed 10) _____
Juice _____
 (100% juice- no carbonated drinks)

Name _____